

PECO Cross Country League 2022-23: Race 3 (West Park / Beckett Park)									
Senior Men's Results									

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	3319	Garbutt	Dan	Durham City Harriers & AC	MSEN	22:13	1		Y
2	2966	Valero	Marcos	Valley Striders AC	MSEN	22:51	2		
3	2637	Ravenhall	George	North Leeds Fell Runners	MSEN	23:04	3		Y
4	2379	Douglas	Benjamin	Hyde Park Harriers	MSEN	23:07	4	Y	
5	2074	Roden	Freddie	Abbey Runners	MSEN	23:10	5		
6	3007	Cairns	Andrew	Wharfedale Harriers	MSEN	23:31	6		
7	3133	Hobbs	Edward	Ilkley Harriers	MSEN	23:33	7		
8	3013	Evans	Edward	Wharfedale Harriers	MSEN	23:57	8		
9	2970	Vogel	Joost	Valley Striders AC	M35	24:03	1		
10	2141	Humphries	Andrew	Airecentre Pacers	MSEN	24:05	9		
11	2316	Kingston	Harry	Horsforth Fellandale	MSEN	24:07	10	Y	
12	3210	Beresford	Frank	Valley Striders AC	MSEN	24:09	11		
13	3389	Stewart	Jonathan	Leeds City AC	M40	24:15	1		Y
14	2369	Clayton	Daniel	Hyde Park Harriers	MSEN	24:15	12		
15	3385	Duffy	Keelan	BRJ Run & Tri	MSEN	24:17	13		Y
16	2943	Radford	Philip	Valley Striders AC	MSEN	24:19	14		
17	2961	Taylor	Gavin	Valley Striders AC	MSEN	24:24	15		
18	2423	Lomas	Adam	Hyde Park Harriers	MSEN	24:25	16		
19	2325	Boynton	Philip	Horsforth Harriers	MSEN	24:33	17		
20	2327	Casey	Dominic	Horsforth Harriers	MSEN	24:45	18		
21	2952	Shanks	John	Valley Striders AC	M35	24:57	2		
22	3351	Jordan	Rupert	Hyde Park Harriers	M35	24:59	3		
23	3006	Athersmith	Lee	Wharfedale Harriers	M40	25:01	2		
24	3221	Sennett	Marc	Wharfedale Harriers	M40	25:07	3		
25	3379	Burns	Ali	Wharfedale Harriers	M40	25:07	4		
26	3350	Dighton	Oliver	Hyde Park Harriers	MSEN	25:10	19		
27	2852	Herrington	Richard	St Therasas AC	M40	25:11	5		
28	2897	Middup	Isaac	Vale of York Athletic Community	MSEN	25:17	20		Y
29	2463	Vargas	Michael	Hyde Park Harriers	M35	25:18	4		
30	2057	Newbould	Ed	Abbey Runners	MSEN	25:19	21		
31	3402	Joy	David	Valley Striders AC	MSEN	25:20	22		
32	2918	Grant	Daniel	Valley Striders AC	M35	25:27	5		
33	2354	Ahmed	Abdu	Hyde Park Harriers	MSEN	25:29	23		
34	3312	Cheseldine	Edward	Valley Striders AC	MSEN	25:32	24		
35	2042	Jones	Simon	Abbey Runners	MSEN	25:33	25		
36	2484	Mckeown	Daniel	Ilkley Harriers	M40	25:34	6		
37	3327	Mitchell	Tom	Harrogate Harriers & AC	MSEN	25:37	26		
38	2344	Plummer	Barney	Horsforth Harriers	MSEN	25:39	27		
39	2039	Jenkins	Liam	Abbey Runners	MSEN	25:39	28		
40	2459	Townson	Sam	Hyde Park Harriers	MSEN	25:41	29		
41	3206	Smith	Reece	Saltaire Striders	MSEN	25:43	30		
42	2939	Panesar	Rav	Valley Striders AC	M40	25:46	7		
43	2969	Venning	Tom	Valley Striders AC	M45	25:47	1		
44	2742	Mcloughlin	John	Roundhay Runners	M40	25:49	8		
45	2037	Hutchison	Ross	Abbey Runners	M40	25:53	9		
46	3015	Holmes	Christian	Wharfedale Harriers	M45	25:54	2		
47	2161	Dickinson	George	Bradford Airedale AC	MSEN	26:01	31	Y	
48	2901	Weston	Joshua	Vale of York Athletic Community	MSEN	26:08	32		Y
49	2219	Mortimer	Charles	Chapel Allerton Runners	M40	26:09	10		
50	2271	Bryant	Mark	Harrogate Harriers & AC	M50	26:09	1		
51	3197	Brown	Andy	Saltaire Striders	M50	26:10	2		
52	2798	Mcconkey	Aaron	Saltaire Striders	MSEN	26:10	33		

53	2330	Edmondson	Neal	Horsforth Harriers	M35	26:15	6		
54	2608	Kirk	Adam	Nidd Valley Road Runners	MSEN	26:15	34		
55	3291	Carr	Frazer	Hyde Park Harriers	MSEN	26:17	35		
56	3374	Howard	Robert	Valley Striders AC	MSEN	26:21	36		
57	2205	Holloway	William	Chapel Allerton Runners	MSEN	26:23	37		
58	3024	Carter	Dom	York Postal Harriers	MSEN	26:23	38		
59	2389	Fellows	Alasdair	Hyde Park Harriers	MSEN	26:26	39		
60	3014	Furness	Rob	Wharfedale Harriers	M40	26:27	11		
61	3398	Desse	Mattia	North Leeds Fell Runners	MSEN	26:27	40		Y
62	2935	Morris	James	Valley Striders AC	MSEN	26:29	41		
63	2934	Middlemas	David	Valley Striders AC	M45	26:35	3		
64	2784	Fillingham	Martin	Saltaire Striders	M50	26:35	3		
65	2611	Mills	Craig	Nidd Valley Road Runners	M45	26:40	4		
66	2199	Harrold	Brian	Chapel Allerton Runners	M35	26:41	7		
67	2728	Gibbs	Richard	Roundhay Runners	M45	26:41	5		
68	3353	Tracey	Ciaran	Hyde Park Harriers	MSEN	26:41	42		
69	3017	Stirk	Adam	Wharfedale Harriers	M35	26:42	8		
70	3368	Kernick	Carl	Saltaire Striders	M45	26:43	6		
71	3089	Richardson	Gareth	Bradford Airedale AC	MSEN	26:44	43	Y	
72	2744	Moakler	Ben	Roundhay Runners	M40	26:45	12		
73	3069	Clark	Cal	Abbey Runners	MSEN	26:45	44		
74	3243	Gott	Steven	Ilkley Harriers	M45	26:47	7		
75	3009	Charlesworth	Nicholas	Wharfedale Harriers	M55	26:49	1		
76	3399	Cumming	Robert	Abbey Runners	M40	26:54	13		
77	2304	Woodall	Philip	Harrogate Harriers & AC	MSEN	26:56	45		
78	2692	Pyznar	Tomasz	Rothwell Harriers & AC	M35	26:57	9		
79	3394	Grave	Paul	Valley Striders AC	M45	27:01	8		
80	2863	Morrison	Cairn	St Therasas AC	M45	27:03	9		
81	3087	Macfarlane	Jack	Airecentre Pacers	MSEN	27:03	46		
82	2230	Riley	Liam	Chapel Allerton Runners	MSEN	27:05	47		
83	2914	Fisher	Daniel	Valley Striders AC	M40	27:07	14		
84	2490	Thompson	Danny	Ilkley Harriers	M40	27:09	15		
85	2764	Turner	Andy	Roundhay Runners	M35	27:12	10		
86	2194	Goodwin	Jacob	Chapel Allerton Runners	MSEN	27:16	48		
87	2030	Harris	Simon	Abbey Runners	M40	27:18	16		
88	3011	Dennis	Paul	Wharfedale Harriers	M40	27:19	17		
89	2992	Elwell	Paul	Wetherby Runners AC	M45	27:19	10		
90	2301	West	Darren	Harrogate Harriers & AC	M60	27:23	1		
91	2035	Holmes	Matthew	Abbey Runners	M45	27:24	11		
92	2665	Lowe	Edward	Rodillian Runners	MSEN	27:24	49		Y
93	2933	Mann	Gary	Valley Striders AC	M40	27:25	18		
94	2746	Morton	Joseph	Roundhay Runners	M40	27:25	19		
95	2797	Macfarlane	Russell	Saltaire Striders	M35	27:27	11		
96	2962	Thomas	Gwilym	Valley Striders AC	M45	27:27	12		
97	2353	Adkins	Tobias	Hyde Park Harriers	MSEN	27:27	50		
98	2531	Coldwell	Ben	Kirkstall Harriers	MSEN	27:31	51		
99	2543	Llewellyn	Ryan	Kirkstall Harriers	MSEN	27:37	52		
100	3299	Young	Robert	Kirkstall Harriers	MSEN	27:39	53		
101	2452	Spain	Jonathan	Hyde Park Harriers	MSEN	27:41	54		
102	2895	Long	David	Vale of York Athletic Community	M35	27:43	12		Y
103	2013	Brienen	Stef	Abbey Runners	MSEN	27:44	55		
104	3126	Marquina	Daniel	Hyde Park Harriers	M35	27:45	13		
105	2211	Keighley	Tom	Chapel Allerton Runners	M35	27:46	14		
106	3386	Knights	Adam	Sutton Harriers	MSEN	27:46	56		Y
107	3205	Singh	John	Saltaire Striders	M40	27:50	20		

108	2727	Furlong	Ian	Roundhay Runners	M35	27:51	15	Y	
109	3019	Willis	Ian	Wharfedale Harriers	M50	27:52	4	Y	
110	2782	Dunbar	Stuart	Saltaire Striders	M60	27:53	2		
111	2247	Whitfield	Fraser	Chapel Allerton Runners	MSEN	27:58	57	Y	
112	2580	Macauley	Craig	Knaresborough Striders	MSEN	28:04	58		
113	2849	Grinnell	Andrew	St Therasas AC	M45	28:05	13		
114	2539	Hipkiss	Jack	Kirkstall Harriers	MSEN	28:08	59		
115	2014	Bysouth	Tom	Abbey Runners	M40	28:09	21		
116	3396	Rand	James	Abbey Runners	M35	28:10	16		
117	2703	Westmoreland	Jason	Rothwell Harriers & AC	M50	28:11	5		
118	2179	Chambers	Chris	Chapel Allerton Runners	M35	28:13	17		
119	3364	Jackman	Paul	Rothwell Harriers & AC	M40	28:14	22		
120	3182	Carvello	James	Roundhay Runners	M40	28:14	23		
121	2759	Rose	Stefan	Roundhay Runners	M40	28:15	24		
122	2131	Worthington	Joe	Ackworth Road Runners	M40	28:15	25		
123	2447	Shakhlevich	Nick	Hyde Park Harriers	M35	28:16	18		
124	2823	Playforth	Dean	Savvy Park Runrz	M40	28:17	26		Y
125	2633	Wilkinson	Matthew	Nidd Valley Road Runners	M35	28:23	19		
126	3120	Fromyr	Jon	Hyde Park Harriers	M40	28:25	27		
127	2940	Parkinson	Andy	Valley Striders AC	MSEN	28:26	60		
128	2707	Anthoney	Iain	Roundhay Runners	MSEN	28:27	61		
129	2078	Scholefield	Phillip	Abbey Runners	MSEN	28:28	62		
130	2207	Hough	Paul	Chapel Allerton Runners	M40	28:29	28		
131	2877	Baxter	Dave	Tadcaster Harriers	M40	28:31	29		Y
132	2695	Rickerby	Dylan	Rothwell Harriers & AC	M45	28:33	14		
133	2434	Pratt	John	Hyde Park Harriers	M40	28:35	30		
134	2629	Townend	Darren	Nidd Valley Road Runners	M45	28:38	15		
135	2165	Teggart	David	Bradford Airedale AC	M45	28:41	16		
136	2671	Brown	Paul	Rothwell Harriers & AC	M55	28:43	2		
137	2076	Rogerson	Tom	Abbey Runners	M40	28:46	31		
138	2153	Walker	Richard	Airecentre Pacers	M45	28:46	17		
139	2712	Blakeley	Matthew	Roundhay Runners	M50	28:50	6		
140	2906	Bandy	Clive	Valley Striders AC	M40	28:53	32		
141	2428	Moore	Jed	Hyde Park Harriers	MSEN	28:53	63		
142	3236	Critchley	Martin	Horsforth Harriers	M45	28:54	18		
143	2385	Elmes	Joseph	Hyde Park Harriers	MSEN	28:54	64		
144	3144	Clark	Kevin	Nidd Valley Road Runners	M40	28:55	33		
145	2628	Todd	Andy	Nidd Valley Road Runners	M55	28:57	3		
146	3242	Gerrish	Adam	Ilkley Harriers	MSEN	28:57	65		
147	2050	Mcguire	David	Abbey Runners	M50	29:02	7		
148	2564	Brock	Martin	Knaresborough Striders	M40	29:06	34		
149	3038	Middleton	Simon	York Postal Harriers	M45	29:08	19		
150	2405	Harwood	Rick	Hyde Park Harriers	M50	29:10	8	Y	
151	3365	Ferguson	Matt	Roundhay Runners	MSEN	29:10	66		
152	3176	Travis	Joe	Rothwell Harriers & AC	MSEN	29:11	67		
153	2265	Adams	Hayden	Harrogate Harriers & AC	M35	29:12	20		
154	2616	Newbould	Steve	Nidd Valley Road Runners	M45	29:12	20		
155	2986	Davey	Richard	Wetherby Runners AC	M50	29:12	9		
156	3091	Tinker-Ives	Edwyn	Denby Dale AC	M45	29:13	21		Y
157	2400	Hadfield	Sam	Hyde Park Harriers	MSEN	29:13	68		
158	2552	O'brien	Alan	Kirkstall Harriers	M35	29:14	21		
159	3025	Carter	Jim	York Postal Harriers	M45	29:15	22		
160	2024	Fanaroff	Dominic	Abbey Runners	MSEN	29:16	69		
161	2009	Barrick	David	Abbey Runners	M35	29:18	22		
162	2876	Ball	Darren	Tadcaster Harriers	M55	29:22	4		Y

163	3128	Rhodes	Steve	Hyde Park Harriers	M55	29:23	5		
164	3372	Kennis	Alastair	Thames Hare & Hounds	M50	29:24	10		Y
165	3246	Yao	Zejun	Leeds University AC & CC Club	M40	29:25	35		
166	3269	Raynes	Michael	City of York AC	M45	29:26	23		Y
167	3073	O'boyle	Stephen	Abbey Runners	M45	29:27	24		
168	2283	Howard	Ashley	Harrogate Harriers & AC	MSEN	29:27	70		
169	2548	Moger	Adam	Kirkstall Harriers	M45	29:28	25		
170	2195	Green	Joseph	Chapel Allerton Runners	MSEN	29:29	71		
171	2644	Simenton	Ben	Pudsey & Bramley AC	MSEN	29:31	72		
172	2773	Yates	Jonny	Roundhay Runners	M40	29:33	36		
173	3103	Strutt	James	Harrogate Harriers & AC	M45	29:35	26		
174	2249	Wilshaw	Stacy-Pau	Chapel Allerton Runners	M40	29:36	37		
175	2609	Lofthouse	Martin	Nidd Valley Road Runners	M55	29:36	6		
176	2047	Lillford	Stephen	Abbey Runners	M40	29:37	38		
177	2421	Lee	Jack	Hyde Park Harriers	MSEN	29:38	73		
178	2741	Macdonald	Matthew	Roundhay Runners	MSEN	29:39	74		
179	2711	Bartlett	Gary	Roundhay Runners	M45	29:43	27		
180	2960	Tarran	James	Valley Striders AC	M55	29:46	7		
181	3321	Starkey	Daniel	North Leeds Fell Runners	M35	29:48	23		Y
182	2752	Powell	Ed	Roundhay Runners	M40	29:51	39		
183	2135	Fulton	Aron	Airecentre Pacers	M35	29:54	24		
184	2544	Longmate	Kevin	Kirkstall Harriers	M35	29:59	25		
185	2512	Hill	Andy	Kippax & District Harriers	M50	30:03	11		
186	2148	Milner	Craig	Airecentre Pacers	MSEN	30:07	75		
187	3020	Wills	Robert	Wharfedale Harriers	M45	30:09	28		
188	2525	Wideman	Wayne	Kippax & District Harriers	M45	30:09	29		
189	2937	Murray	Danny	Valley Striders AC	M45	30:12	30		
190	2023	Engel-Clarke	Tom	Abbey Runners	MSEN	30:15	76		
191	2585	Shaw	Mathew	Knaresborough Striders	MSEN	30:18	77		
192	2829	Albrecht	Jason	St Therasas AC	M40	30:21	40		
193	3199	Frazer	Simon	Saltaire Striders	M45	30:21	31		
194	2287	Midwood	Tom	Harrogate Harriers & AC	MSEN	30:21	78		
195	2080	Sharpe	Matthew	Abbey Runners	MSEN	30:21	79		
196	2841	Fuller	Nigel	St Therasas AC	M45	30:28	32		
197	2571	Elmore	Steve	Knaresborough Striders	M55	30:30	8		
198	2227	Price	Dan	Chapel Allerton Runners	M35	30:33	26		
199	2138	Haynes	Richard	Airecentre Pacers	M35	30:34	27		
200	3048	Burrows	Dave	York Triathlon Club	M35	30:36	28		
201	3373	Fotherby	Paul	Valley Striders AC	M45	30:36	33		
202	2343	Perkinson	Andrew	Horsforth Harriers	M45	30:36	34		
203	3125	Lawson	Gregor	Hyde Park Harriers	MSEN	30:36	80		
204	2093	Wray-Rogers	Luke	Abbey Runners	M45	30:37	35		
205	3367	Gibb	Ewan	Saltaire Striders	M35	30:40	29		
206	3295	Graham	Leo	Ilkley Harriers	MSEN	30:41	81		
207	2488	Singleton	David	Ilkley Harriers	M45	30:43	36		
208	3196	Wilkinson	Chris	Roundhay Runners	MSEN	30:43	82		
209	3040	Pearson	Marc	York Postal Harriers	M40	30:44	41		
210	2990	Edmondson	Iain	Wetherby Runners AC	M50	30:47	12		
211	2209	Isherwood	David	Chapel Allerton Runners	M45	30:48	37		
212	2055	Mullen	David	Abbey Runners	M60	30:49	3		
213	2947	Sanderson	Ian	Valley Striders AC	M50	30:56	13		
214	2642	Murray	Lewis	Pudsey & Bramley AC	MSEN	30:57	83		
215	2160	Colley	Ashley	Bradford Airedale AC	MSEN	31:03	84		
216	2551	Nodwell	Adam	Kirkstall Harriers	M35	31:04	30	Y	
217	2156	Blake	Simon	Bingley Harriers & AC	M40	31:04	42		Y

218	2518	Lay	Richard	Kippax & District Harriers	M45	31:04	38		
219	2487	Ryder	Jim	Ilkley Harriers	M55	31:04	9		
220	2958	Straughan	Tim	Valley Striders AC	M55	31:08	10		
221	2469	Worthington	Steve	Hyde Park Harriers	MSEN	31:10	85		
222	2404	Hartley	Ben	Hyde Park Harriers	M45	31:12	39		
223	2890	Bennett	Paul	Vale of York Athletic Community	M40	31:15	43		Y
224	2027	Goldthorpe	Rory	Abbey Runners	M40	31:16	44		
225	2456	Taylor	Lee	Hyde Park Harriers	M45	31:16	40		
226	3169	Wood	Paul	Rodillian Runners	M50	31:16	14		Y
227	3343	Smith	Ryan	Ackworth Road Runners	M40	31:17	45		
228	3357	Spink	Jonathan	Kirkstall Harriers	M50	31:17	15		
229	2285	Jordan	Mark	Harrogate Harriers & AC	M65	31:17	1		
230	2064	Palicio	Luis	Abbey Runners	M35	31:18	31		
231	2572	Evison	Paul	Knaresborough Striders	M40	31:18	46		
232	3072	Kent	Craig	Abbey Runners	MSEN	31:18	86		
233	3135	Williams	Colin	Ilkley Harriers	M55	31:21	11		
234	2196	Greenland	Rob	Chapel Allerton Runners	M45	31:23	41		
235	2370	Coade	Jonathan	Hyde Park Harriers	MSEN	31:23	87		
236	2598	Dalton	Kevin	Nidd Valley Road Runners	M35	31:26	32		
237	3222	Walmsley	Daniel	Wharfedale Harriers	M35	31:28	33		
238	2226	Parry	David	Chapel Allerton Runners	M35	31:29	34		
239	3216	Jesson	James	Wetherby Runners AC	M45	31:29	42		
240	2833	Bould	Rich	St Therasas AC	M35	31:31	35		
241	2502	Davy	Alan	Kippax & District Harriers	M40	31:33	47		
242	2567	Cornforth	Philip	Knaresborough Striders	M50	31:34	16		
243	2704	Wilkinson	Rich	Rothwell Harriers & AC	M50	31:35	17		
244	3369	Spink	Stewart	Saltaire Striders	M50	31:37	18		
245	3226	Harney	Mark	York Triathlon Club	M55	31:38	12		
246	2683	Hickman	Martin	Rothwell Harriers & AC	MSEN	31:39	88		
247	3082	Horobin	Darren	Ackworth Road Runners	M45	31:46	43		
248	3061	Laughton	Mark	York Triathlon Club	M55	31:46	13		
249	2489	Snow	Matthew	Ilkley Harriers	M45	31:52	44		
250	3387	Karlin	Ben	Airecentre Pacers	M35	31:53	36		
251	3229	Baxter	Matthew	Abbey Runners	MSEN	31:54	89		
252	2788	Hassall	Christopher	Saltaire Striders	M35	31:57	37		
253	3346	Parish	Byron	Chapel Allerton Runners	M50	31:57	19		
254	3377	Buller	Jim	Wetherby Runners AC	M50	31:59	20		
255	2762	Sklinar	Stu	Roundhay Runners	M35	32:02	38		
256	3263	Mellor	David	St Therasas AC	M50	32:02	21		
257	2130	Winder	Bill	Ackworth Road Runners	M45	32:04	45		
258	2472	Budding	Robert	Ilkley Harriers	M55	32:07	14		
259	2674	Duckering	Josh	Rothwell Harriers & AC	MSEN	32:07	90		
260	3271	Huggins	Roy	Valley Striders AC	M60	32:10	4		
261	2536	Glover	Christopher	Kirkstall Harriers	M60	32:13	5		
262	2507	Emery	Jonathan	Kippax & District Harriers	M40	32:14	48		
263	2121	Robinson	Michael	Ackworth Road Runners	M35	32:15	39		
264	3306	Steele	Joe	Roundhay Runners	M50	32:16	22		
265	2432	Payne	Nick	Hyde Park Harriers	M35	32:17	40		
266	2238	Shepherd	Stuart	Chapel Allerton Runners	M40	32:21	49		
267	2527	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	32:22	91		
268	2793	Hudson	John	Saltaire Striders	MSEN	32:22	92		
269	2140	Hoos	Craig	Airecentre Pacers	M50	32:24	23	Y	
270	2329	Eagle	Jonathan	Horsforth Harriers	M60	32:27	6		
271	3001	Rodgers	Mike	Wetherby Runners AC	M40	32:30	50		
272	3278	Farrell	Paul	Ackworth Road Runners	M40	32:30	51		

273	2931	Long	Vernon	Valley Striders AC	M55	32:33	15		
274	3204	Rix	Jeremy	Saltaire Striders	M60	32:33	7		
275	2007	Ashworth	Richard	Abbey Runners	M45	32:34	46		
276	2367	Carpenter	Jonathan	Hyde Park Harriers	M50	32:37	24		
277	3180	Burke	Joseph	Roundhay Runners	MSEN	32:38	93		
278	2157	Coulton	Andrew	Bingley Harriers & AC	M45	32:39	47		Y
279	3162	Hobbs	Jonathan	Otley AC	M50	32:45	25		Y
280	3145	Easton	Jonathan	Nidd Valley Road Runners	M40	32:48	52		
281	2586	Tattersall	Andrew	Knaresborough Striders	M55	32:49	16		
282	3063	Morrey	David	York Triathlon Club	MSEN	32:50	94		
283	3359	Morland	Stephen	Knaresborough Striders	M50	32:52	26		
284	2583	Rockall	James	Knaresborough Striders	M40	32:54	53		
285	2308	Metcalfe	Kevin	Harrogate Tri Club	M50	32:55	27		
286	2011	Bastin	Tony	Abbey Runners	M55	33:03	17		
287	2427	Milligan	Paul	Hyde Park Harriers	M40	33:04	54		
288	2407	Hindson	Adam	Hyde Park Harriers	M50	33:06	28		
289	3329	Sellman	Richard	Chapel Allerton Runners	M40	33:12	55	Y	
290	2096	Bernardo	Paul	Ackworth Road Runners	M45	33:12	48		
291	2816	Tryc	Pawel	Saltaire Striders	M40	33:14	56	Y	
292	3154	Scaife	Nigel	Nidd Valley Road Runners	M50	33:14	29		
293	2748	O'hara	Colm	Roundhay Runners	M50	33:15	30		
294	2812	Spencer	Tim	Saltaire Striders	M65	33:16	2		
295	2595	Cocker	Simon	Nidd Valley Road Runners	M55	33:18	18		
296	2929	Kaulgud	Dinesh	Valley Striders AC	M45	33:26	49		
297	2853	Hick	Matthew	St Therasas AC	M40	33:28	57		
298	2997	Legg	Ian	Wetherby Runners AC	M55	33:35	19		
299	3058	Jones	Carl	York Triathlon Club	M35	33:36	41		
300	2716	Cobb	Chris	Roundhay Runners	M35	33:36	42		
301	2418	Lawley	Joe	Hyde Park Harriers	MSEN	33:38	95		
302	2212	Kendell	John	Chapel Allerton Runners	M45	33:39	50		
303	2898	Middup	Steve	Vale of York Athletic Community	M60	33:39	8		Y
304	3256	Kapote	Subi	Roundhay Runners	M45	33:42	51		
305	2885	Jackson	Mike	Tadcaster Harriers	M60	33:43	9		Y
306	2581	Marshall	Guy	Knaresborough Striders	M55	33:44	20		
307	2676	Gregory	Mark	Rothwell Harriers & AC	M60	33:49	10	Y	
308	2638	Gumbrell	Lee	Otley AC	MSEN	33:51	96		Y
309	2574	Forman	Nik	Knaresborough Striders	M60	33:54	11		
310	3339	Jenkins	Dean	Abbey Runners	M60	33:56	12		
311	2510	Hammond	Paul	Kippax & District Harriers	M60	33:56	13		
312	3068	Steel	Phil	York Triathlon Club	M45	33:58	52		
313	2772	Weight	Dave	Roundhay Runners	M55	34:01	21		
314	2528	Allen	Lloyd	Kirkstall Harriers	M50	34:02	31		
315	2390	Fells	Alex	Hyde Park Harriers	MSEN	34:02	97		
316	2563	Brennan	Sean	Knaresborough Striders	M50	34:03	32		
317	2688	Livesey	Phil	Rothwell Harriers & AC	MSEN	34:04	98		
318	2331	Ehrlich	Alexander	Horsforth Harriers	M40	34:06	58		
319	3228	Wray	Scott	York Triathlon Club	M50	34:07	33		
320	2152	Turner	Graham	Airecentre Pacers	M45	34:08	53		
321	2597	Crebbin	Nick	Nidd Valley Road Runners	M50	34:10	34		
322	2843	Gibson	Paul	St Therasas AC	M45	34:12	54		
323	3349	Bisset	Andy	Horsforth Harriers	M50	34:12	35		
324	2052	Morimoto	Kazuki	Abbey Runners	M50	34:15	36		
325	2419	Laycock	Danny	Hyde Park Harriers	MSEN	34:17	99		
326	2672	Bywater	Andy	Rothwell Harriers & AC	M40	34:18	59		
327	2766	Twigg	Pete	Roundhay Runners	M50	34:19	37		

328	2286	Kirk	Stephen	Harrogate Harriers & AC	M50	34:26	38		
329	3308	Isherwood	Marcus	Saltaire Striders	M45	34:31	55		
330	3044	Whitby	Mark	York Postal Harriers	M55	34:31	22		
331	2861	Morley	David	St Therasas AC	M65	34:31	3		
332	3342	Leadbeater	Mark	Ackworth Road Runners	M55	34:35	23		
333	2008	Balkwill	James	Abbey Runners	M50	34:36	39		
334	2267	Askew	David	Harrogate Harriers & AC	M60	34:36	14		
335	2318	Leach	Scott	Horsforth Fellandale	M45	34:39	56		
336	3355	Shakeshaft	Stephen	Kippax & District Harriers	M45	34:39	57		
337	2911	Cook	Sean	Valley Striders AC	M35	34:41	43		
338	2258	Porter	Craig	Dragons Running Club (Leeds)	M50	34:43	40		
339	2909	Brewster	Keith	Valley Striders AC	M65	34:51	4		
340	2577	Harrop	Andrew	Knaresborough Striders	M55	34:53	24		
341	2770	Walker	John	Roundhay Runners	M60	34:56	15		
342	2734	Hodge	Tony	Roundhay Runners	M50	34:59	41		
343	2802	Mosedale	Tim	Saltaire Striders	M40	35:02	60		
344	2034	Hodkinson	Steve	Abbey Runners	M60	35:03	16		
345	3022	Butler	Jamie	York Postal Harriers	M45	35:04	58		
346	2562	Thomas	Richard	Kirkstall Harriers	M60	35:07	17		
347	3239	Jones	Chris	Hyde Park Harriers	M65	35:08	5		
348	3311	Seddon	Tim	St Therasas AC	M60	35:10	18		
349	2869	Rayner	Iain	St Therasas AC	M45	35:14	59		
350	3395	Noble	Pete	Knaresborough Striders	M45	35:14	60		
351	2090	Whittaker	James	Abbey Runners	M55	35:14	25		
352	2817	Verity	Jack	Saltaire Striders	M60	35:17	19		
353	2224	Parr	Ed	Chapel Allerton Runners	M35	35:18	44		
354	3084	Walker	Will	Ackworth Road Runners	M40	35:29	61		
355	3391	Greene	Paul	Abbey Runners	M60	35:29	20		
356	3384	Dow	Will	Hyde Park Harriers	MSEN	35:33	100		
357	2109	Hull	Mark	Ackworth Road Runners	M50	35:43	42		
358	2437	Ramsden	Paul	Hyde Park Harriers	M45	35:46	61		
359	2806	Pine	Andrew	Saltaire Striders	M45	35:47	62		
360	2279	Gill	Michael	Harrogate Harriers & AC	M55	35:49	26		
361	2137	Grindley	Paul	Airecentre Pacers	M55	35:51	27		
362	2955	Slater	James	Valley Striders AC	M50	35:58	43		
363	3358	Sykes-Hooban	Matt	Kirkstall Harriers	M40	36:00	62		
364	3156	Shekar	Chandra	Nidd Valley Road Runners	M45	36:01	63		
365	2640	Beesting	Adam	Pudsey & Bramley AC	M40	36:07	63	Y	
366	3337	Armer	Carrick	Abbey Runners	M40	36:09	64		
367	2454	Tarbit	James	Hyde Park Harriers	M35	36:11	45		
368	3117	Blatherwick	John	Hyde Park Harriers	M35	36:12	46		
369	2884	Gatrell	Richard	Tadcaster Harriers	M45	36:12	64		Y
370	3336	Blakeman	Neil	Roundhay Runners	M60	36:12	21		
371	3104	Woollven	Steve	Harrogate Harriers & AC	M50	36:13	44		
372	2702	Ward	Roger	Rothwell Harriers & AC	M60	36:13	22		
373	2978	Bell	Richard	Wetherby Runners AC	M55	36:18	28		
374	3257	Douglas	Alan	Saltaire Striders	M50	36:20	45		
375	2923	Hussey	John	Valley Striders AC	M70	36:22	1		
376	2183	Cuthbertson	Nic	Chapel Allerton Runners	M60	36:23	23		
377	2579	Hymas	Stewart	Knaresborough Striders	M50	36:24	46		
378	2461	Underwood	James	Hyde Park Harriers	MSEN	36:24	101		
379	2352	Womersley	David	Horsforth Harriers	M70	36:25	2		
380	2822	Bell	Nick	Savvy Park Runrzs	M60	36:27	24		Y
381	2088	Ward	John	Abbey Runners	M70	36:29	3		
382	3341	Allison	Dave	Ackworth Road Runners	M40	36:34	65		

383	2338	Mangeolles	James	Horsforth Harriers	M35	36:40	47		
384	2596	Cook	James	Nidd Valley Road Runners	M55	36:43	29		
385	2295	Seymour	Mark	Harrogate Harriers & AC	M60	36:45	25		
386	2497	Copley	James	Kippax & District Harriers	M40	36:48	66		
387	2791	Hillas	Stephen	Saltaire Striders	M60	36:54	26		
388	3184	Elliott	John	Roundhay Runners	M60	36:58	27		
389	3330	Crabtree	Paul	Dragons Running Club (Leeds)	M45	37:00	65		
390	2915	Fox	Ken	Valley Striders AC	M60	37:03	28		
391	2780	D'arcy	Graham	Saltaire Striders	M55	37:05	30		
392	2256	Harrison	Robert	Dragons Running Club (Leeds)	M50	37:12	47		
393	3380	Thomson	Iain	Pudsey & Bramley AC	M35	37:18	48		Y
394	3390	Morris	Christopher	Nidd Valley Road Runners	M50	37:23	48		
395	3352	Kidner	Ralph	Hyde Park Harriers	M65	37:31	6		
396	3138	Messenger	John	Kippax & District Harriers	M75	37:32	1		
397	2046	Leslie	David	Abbey Runners	M70	37:50	4		
398	2166	Veevers	Luke	Bradford Airedale AC	M45	37:53	66		
399	2163	Foster	Stephen	Bradford Airedale AC	M55	37:54	31		
400	2482	Leijssen	Roar	Ilkley Harriers	M45	38:06	67		
401	2366	Butler	Robert	Hyde Park Harriers	M40	38:08	67		
402	2054	Moxon	James	Abbey Runners	M60	38:09	29		
403	2949	Sawyer	Chris	Valley Striders AC	M60	38:11	30		
404	2818	Western	Gary	Saltaire Striders	M60	38:12	31		
405	2880	Carter	James	Tadcaster Harriers	M50	38:17	49		Y
406	2765	Turner	Jonathan	Roundhay Runners	M50	38:17	50		
407	2491	Travis	Alan	Ilkley Harriers	M45	38:24	68	Y	
408	2796	Love	Martin	Saltaire Striders	M60	38:32	32		
409	2313	Gebbett	Martin	Horsforth Fellandale	M60	38:41	33		
410	3142	Taylor	Malcolm	Kirkstall Harriers	MSEN	38:46	102		
411	2786	Griffiths	Alun	Saltaire Striders	M65	38:51	7		
412	2263	Jenkins	Daniel	Eccleshill Road Runners	M45	38:52	69		
413	2599	Duckworth	Roger	Nidd Valley Road Runners	M50	38:55	51		
414	3093	Ellison	Garry	Eccleshill Road Runners	M60	38:55	34		
415	2881	Cooke	John	Tadcaster Harriers	M65	38:58	8		Y
416	2657	Purll	Andy	Ripon Runners	M50	39:02	52		Y
417	2717	Coghlan	Robin	Roundhay Runners	M55	39:10	32		
418	2975	Barnes	Jerry	Vegan Runners UK	M60	39:16	35		Y
419	2022	Ellis	Adam	Abbey Runners	M45	39:40	70		
420	2842	Gall	Stuart	St Therasas AC	M40	39:42	68	Y	
421	2810	Sheard	Neil	Saltaire Striders	M35	39:44	49		
422	2886	Mullaney	David	Tadcaster Harriers	M60	39:47	36		Y
423	3130	Tasker	Richard	Hyde Park Harriers	M35	39:51	50		
424	3397	Kay	Jonathan	Nidd Valley Road Runners	M40	39:53	69		Y
425	2342	Park	Keith	Horsforth Harriers	M65	39:57	9		
426	3167	Garnham	Mike	Rodillian Runners	M60	39:59	37		Y
427	3118	Clarkin	Oliver	Hyde Park Harriers	MSEN	40:00	103		
428	2622	Seaman	Dave	Nidd Valley Road Runners	M75	40:04	2		
429	2134	Coupe	Andrew	Airecentre Pacers	M35	40:10	51		
430	2328	Duffy	Richard	Horsforth Harriers	M70	40:11	5		
431	2814	Storey	Ian	Saltaire Striders	M45	40:17	71		
432	2964	Tinker	Mick	Valley Striders AC	M65	40:27	10		
433	2041	Jones	Martin	Abbey Runners	M45	40:31	72		
434	2807	Saldanha	Norman	Saltaire Striders	M65	40:31	11		
435	2408	Hogg	Joe	Hyde Park Harriers	M50	40:32	53		
436	2270	Berwin	Paul	Harrogate Harriers & AC	M65	40:40	12		
437	2319	Metcalfe	Daniel	Horsforth Fellandale	M40	40:47	70		

438	2362	Brown	Stephen	Hyde Park Harriers	M55	40:49	33		
439	3127	Pullan	Richard	Hyde Park Harriers	M60	40:53	38		
440	3320	Craddock	Charles	Abbey Runners	M50	41:00	54		
441	2950	Sedgley	Neil	Valley Striders AC	M55	41:03	34		
442	3041	Raddall	Phil	York Postal Harriers	M50	41:05	55		
443	2737	Irving	John	Roundhay Runners	M65	41:08	13		
444	3307	Gore	Tim	Saltaire Striders	M45	41:26	73		
445	2587	Taylor	Mark	Knaresborough Striders	M55	41:45	35		
446	2003	Ameri	Ali	Abbey Runners	M40	41:51	71		
447	3276	Bozza	de	Leeds & Bradford Triathlon Club	M55	42:22	36		Y
448	2799	Mistry	Mohanlal	Saltaire Striders	M60	42:26	39		
449	3383	Montana	Marcos	Nidd Valley Road Runners	MSEN	42:27	104		
450	2932	Mace	Andy	Valley Striders AC	M50	42:58	56		
451	2925	Jackson	Bob	Valley Striders AC	M70	43:10	6		
452	2068	Rahman	Mohammed	Abbey Runners	M40	43:15	72		
453	3309	Godden	Jeremy	St Therasas AC	M60	43:41	40	Y	
454	2429	Newell	Jason	Hyde Park Harriers	M50	43:49	57		
455	3370	Best	Jamie	St Therasas AC	M45	44:00	74		
456	2523	Sutton	Mark	Kippax & District Harriers	MSEN	44:06	105		
457	2038	Ibrahim	Joseph	Abbey Runners	M45	44:16	75		
458	2350	Watson	Kevin	Horsforth Harriers	M75	44:25	3		
459	2307	Head	Mark	Harrogate Tri Club	M60	44:44	41		
460	3179	Burke	Kieran	Roundhay Runners	MSEN	45:42	106		
461	3360	Morley	Eric	Knaresborough Striders	M65	45:48	14		
462	2538	Hey	Peter	Kirkstall Harriers	M70	46:21	7		
463	3018	Thompson	Geoff	Wharfedale Harriers	M60	47:23	42		
464	2606	Hyde	Graham	Nidd Valley Road Runners	M45	48:20	76		
465	2687	List	Heath	Rothwell Harriers & AC	M55	49:46	37		
466	2516	Kitching	Les	Kippax & District Harriers	M70	58:06	8		
467	3382	Cardinale	Antonio	Otley AC	M70	1:08:43	9		Y